

MANIPULATION

Fundamental thoughts on the composition by Matthias G. Kendlinger



Too often, the masses have been, and continue to be, manipulated to their disadvantage. As a result, millions have ended up shooting at each other and dying, when in the first place they had nothing against each other at all – in fact, they could have been the best of friends. Too many people time and again believe the inadequately tested and challenged news reports from the media. These are over-dramatised and try to achieve a more intense effect through constant repetition which ultimately paints a false picture of reality. Is this a case of deriving pleasure from tragedy?

Fear is a perfect way of controlling people like puppets. The business of fear has been booming for thousands of years, although more and more of us are thinking seriously about it. Religious communities, politicians and the media try to manipulate us out of lust for power. Do they lack genuine love for their fellow man and at the same time the dire to help make life as worthwhile as as possible? Is it a question of inability or refusal to act?

Experience

The experiences that we collect in our early childhood are an important part of our lives. During this period, thought pat-

terns are established, often unconsciously through events and experiences that are later used by our subconscious mind to steer our lives in a

direction in which we often perhaps really do not want to go. In school, we are taught too little of what we really need and far too much that the majority of us will never use. However, as we humans make most of our decisions subconsciously, rather than consciously, it is often very difficult to change our behavior, and consequently our lives. The same situation can trigger very different positive or negative feelings in different people, so it is important to observe the reactions in order to “manipulate” our “hard disk” in a positive way in line with other people and nature. Only when we recognise this fact can there be a foundation for potential change.

We can take control of our own lives by believing in and using our strength to work towards what is good. In this way we “manipulate” ourselves towards the positive. In other words, we can redirect our subconscious mind through strong will and multiple repetitions of the positive. People who find it difficult to decide which path to choose in their everyday lives could ask themselves, “What aspects of myself would I want to live on on after my

death?”, “What would I leave behind?”, “Was I selfish or a helpful person?”, “Did I use my experience to provide insight into every other person and situation during my lifetime?” The identification and setting of goals represents a central theme in our lives and makes all our decisions considerably easier – regardless of whether you believe in reincarnation or life after death.

The nobleness of heart

The essential problems of mankind do not affect

the majority of people, just the small number who do not manage to break away at an early age from a way of life in which they can never realize their wishes or dreams. Trotting out the phrase “That’s life” is a crippling crime that provides a breeding ground for stagnation. Good morning your eminence grise! Stagnancy is the result of this most criminal manipulation. Unfortunately, many decision-makers lack an essential foundation for positive change, namely empathy – even for strangers – and nobleness of heart.

